

# Decision-Making Activity 10-1

## Medicine Use and Misuse

**Directions:** Read each situation. Then select one and answer the questions in the space provided.

**Situation A.** Carlos went to the doctor for a throat infection. His doctor prescribed medication, which Carlos was to begin taking that day. After 24 hours, however, he was not feeling much better. His friend suggested that if one pill was good, then two would be better. What should he do?

**Situation B.** Hannah was at her friend's house one afternoon when she began to experience an intense headache and a sore throat. Hannah's friend went into her medicine cabinet and came out with a bottle of prescription medicine. She offered some to Hannah. What should Hannah do?

1. Which situation did you select? \_\_\_\_\_
2. Describe the situation this person is in. \_\_\_\_\_
3. What are some possible choices for this person?
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
4. What is the possible outcome of each choice?
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
5. Consider your values. What decisions do you think should be made? Why?  
\_\_\_\_\_
6. Describe the action this person should take to follow through with this decision.  
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7. How will this person know whether he or she has made a good decision?  
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Lesson 1