

Reteaching Activity 8-1

Tobacco Damage

Tobacco use damages the body in many ways. It can be harmful to all of your body systems.

Directions: Read each statement below. Using the terms in the box, tell which body system is affected. Each term may be used more than once.

respiratory system
digestive system
excretory system
circulatory system
nervous system

- _____ 1. Smoker A has developed lung cancer.
- _____ 2. Smoker B has been diagnosed with coronary heart disease.
- _____ 3. Smoker C has been told she has bladder cancer.
- _____ 4. Smoker D has developed mouth ulcers.
- _____ 5. Smoker E needs more and more tobacco to feel the same effects.
- _____ 6. Smoker F has high blood pressure.
- _____ 7. Smoker G has been diagnosed with emphysema.
- _____ 8. Smoker H has lost her sense of taste.
- _____ 9. Chemicals from tobacco have gotten into Smoker I's kidneys and urine.
- _____ 10. Smoker J's brain is not getting a healthy supply of oxygen.

Lesson 1

Enrichment Activity 8-1

Tobacco Use and Its Effects

Directions: Use the words in the box to complete the following information on the effects of tobacco use.

Lesson 1

1. Smoking affects the circulatory system by damaging the _____ and _____.
2. When _____ gets to the brain, it attaches itself to special receptors in the brain cells.
3. When tobacco burns, it produces _____, a thick, dark liquid.
4. A cigarette _____ blocks some of the chemicals a smoker breathes in.
5. When _____ enters the body, it damages the brain and the heart by reducing the amount of oxygen available to those organs.
6. Two forms of smokeless tobacco are _____ and _____.
7. Tobacco smoke damages the _____ in a person's lungs.
8. People with hardened or clogged blood vessels have _____.
9. Smokers have at least twice the risk of developing _____ cancer as nonsmokers.
10. _____ smoke is much more dangerous than cigarette smoke.
11. People who smoke cigars or pipes are more likely to develop cancer of the mouth, _____, or _____.
12. Tobacco use dulls the _____.

heart
 bladder
 snuff
 alveoli
 nicotine
 blood vessels
 cigar
 lip
 taste buds
 chewing tobacco
 carbon dioxide
 tongue
 tar
 taste buds
 coronary heart disease